WHAT'S ON?

<table>
<thead>
<tr>
<th>April</th>
<th>May</th>
<th>June</th>
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<tr>
<td>Mon 29</td>
<td>Wed 01  Paddy's Market Day</td>
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<tr>
<td>Thu 09</td>
<td>Fri 10  Interschool Sport v's Kalinda PS</td>
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<td>Wed 08</td>
<td>Fri 17  Promotions Meeting 8:00am</td>
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<td>Fri 15</td>
<td>Mon-Fri 20-31 Middle school Yr 3/4 Swimming Program</td>
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<td>Tues 21</td>
<td>Tue 28  Interschool Cross Country</td>
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<td>Fri 07</td>
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<td>Curriculum Day NO SCHOOL</td>
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Principal Awards

Charlotte B, Caleb R - 1/2P
Michael S - 1/2O
Sam A - 1/2J
Brydee J - 3/4A
Holly C - 3/4B
Ariana G, Ella S, Zoe T - 3/4D
Abby C, Zoe S - 3/4F
Archer D - 3/4M
Jake M - 5/6H
Cameron N, Brenton T - 5/6P

Principal Report

DOGS
On Wednesday a school family pre-school child was bitten by a dog that was being walked across the crossing. Even though this incident was unprovoked it is important to remind your children about how to safely approach dogs. It is also a good reminder that dogs are NOT to be brought into the school grounds, or left tied up near the entrances.

METAL RECYCLING
From Sunday 28 April until Monday 6 May we will have a number of metal recycling collection bins in the staff car park. All metal (or part-metal) items can go in this bin. When each bin is taken away it will be weighed and the school will receive cash! Great opportunity for our community to get rid of rubbish and for the school to receive some extra funds!

SPRING FAIR LOGO COMPETITION
We ran out of time on Monday to give this event the time it deserves and needs. We had a large number of terrific entries, which made it difficult to choose, however that has been done. We will announce the winner at assembly on Monday 6 May. There will be no assembly this coming Monday as the House Cross Country event starts at 9:00am.

UNIFORM
So far we have had 101 responses! A committee of School Council will analyse the results, which vary greatly but give us a great sense of what the community wants, and oversee any recommendations. The survey will close next week, so make sure you have your say at http://www.surveymonkey.com/s/7Y8PGBY.

PADDY’S MARKET
We are looking forward to another exciting day next Wednesday morning. Please come along and join in the fun!

JUNIOR SCHOOL CONCERTS
On Monday and Tuesday each of our Year 1/2 classes performed their own version of Mem Fox’s Possum Magic. These performances delighted each audience – congratulations go to Jacinta O’Leary for providing the opportunity for our students to learn some vital elements of stage-craft and develop their self-confidence.
CURRICULUM DAY
Our next Curriculum Day will be Friday 7 June. Monday 10 June is the Queen’s Birthday public holiday so we thought this a good opportunity for a long weekend for some of our families.

Assistant Principal Report
Autism Education
Irabina is running a number of parent and carer sessions around the needs of students with autism. Too many to mention here! If you are interested please go to their website and have a look at what is coming up. www.irabina.com

Junior Productions
I was privileged to attend the Junior school productions on Monday evening. What a great program that develops children's confidence, stage presence, speaking skills and stage-craft in a safe, secure environment. Congratulations to all students for their hard work learning their lines and preparing. I especially loved seeing the huge smiles on the faces of the audience and the children receiving all the great feedback from parents and families. Well done students and Mrs O’Leary.

ANZAC DAY
I hope all families enjoyed their day on Thursday. We are fortunate to live in a safe and secure place with many opportunities. I think Anzac Day is a reminder of how lucky we are and what others before us have sacrificed. I hope that parents will take the time to talk to their children about Anzac Day. I attended the Maroondah Schools Service and was touched most by the serving engineer from HMAS Cerberus reflecting on what serving means to him and his family. Please take the time to share some of our proud history.

Sue

Greenology 2013
Here is our team of Greenology students representing Year Prep to 6. We look forward to working together to bring about positive thinking and encouraging habits to help create and maintain an environment that is sustainable and that we are proud of. Congratulations to all!

Elise and Vicky
Greenology Coordinators
Sports News
House Cross Country
Our house cross country event will be held at Warranwood PS on Monday 29th April. Students run, according to their age, either 2 kms or 3 kms (approximate distances). There are 8 races: a race for girls and a race for boys in each of the 4 age groups; 12s, 11s, 10s & 9s. As with the swimming sports a student’s age group is determined by their age on 31 Dec 2013.
To ensure safety of the runners parents are needed to help supervise positions around the track, please see me or your child’s classroom teacher if you can help. The event will be finished by recess.
From this event 60 children will be chosen to make up the school cross country team that will represent our school on 28th May.

Rod Neal

Paddy’s Market
We are still looking for 2nd hand toys and books for Paddy’s Market if anyone is kind enough to drop some in. Also, we are short on our lucky jars if anyone is able to make up some lucky jars it would be greatly appreciated. Thanks for your help.

Junior 1/2 Team

PARENTS ASSOCIATION REPORT

Just a quick reminder for the Mother/Son night next Friday the 3rd of May, it’s going to be a fantastic night. Please fill in your form and hand them back to the office. Flyer is attached below.

Don’t forget the Mother’s Day Stall will be held on Wednesday the 8th of May from 9.15am. There will be a variety of fantastic gifts from $1 to $5. Please also see flyer below.

I have been asked numerous times when the next Trivia Night is because it was so much fun last year. Well the wait is over........ Saturday 15th of June. Same price as last year $20 per person and theme to be advised........ Look out for some teaser Trivia questions each week, Questions like: Who is the lead singer of Silverchair? So start getting your tables of 10 together because there is limited space. It will be a great night. Oh and the answer is: Daniel Johns.

Georgie
**Canteen News**
A reminder that Canteen is closed for lunch orders on Wednesdays. Canteen will not be open for over the counter sales during Term 2.

**ROSTER FOR THE NEXT 3 WEEKS :-**

**April 2013**
- Fri 26 Sarah Mitsilias, Melinda Peatling, Georgie Gowling
- Mon 29 Sally Bailey, ☹
- Tues 30 Jacqui Coia, Matoula Gatsoulis

**May 2013**
- Wed 01 PADDY’S MARKET
- Thu 02 Helen Evans, Jennifer Davis
- Fri 03 Tania Cullen-Hall, Trish Grant, Nicole Thorpe
- Mon 06 Peta Pennell, ☹
- Tues 07 Wendy Harrison, Heather Jones
- Wed 08 CANTEEN CLOSED
- Thu 09 ☹ ☹
- Fri 10 Shauna McIntosh, Cara Mooney, Connie Panagiotopoulos
- Mon 13 Kate Bevins, ☹
- Tue 14 Jenni Carey, Sonia Greaves
- Wed 15 CANTEEN CLOSED
- Thu 16 ☹ ☹
- Fri 17 Nicole Stokes, Erin Voyer, ☹

☺ Canteen Vacancies
If you are unable to attend canteen duty on the day you are rostered, please contact me during canteen hours or after hours on 9876 1288 or mobile 0413 370 898. Thank you.

**Rosemary**

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**Australian Communications and Media Authority Presentation**

**CYBER SAFETY FOR PARENTS**
7pm Wednesday 29th May
Senior School Building
Please come along and learn some valuable skills to help your family be safe on the internet.
Metal2Metal
School Steel CHALLENGE
Cans • Scrap Metal • Any Metal

Your mission is to collect as much unwanted steel you can find and fill the yellow skip bins donated to your school for one week. The more the bins weigh, the more Eco Waste Recycle Centre will pay your school.

TYPES OF METAL WE WILL ACCEPT

- Stainless Steel
- Copper
- Aluminium
- Brass
- Cars & Car Parts
- Clothes lines
- Lawn Mowers
- Sinks
- Computer Towers
- White Goods
- Steel Beams
- Car Batteries
- Electrical Cables
- Hot Water Systems & Pipes
- Colourbond Fencing
- Guttering
- Roof Sheeting
- Pots and Pans
- Tools
- Soft Drink Cans
- and many more!

www.ecowasterecycling.com.au
199-201 Colchester Rd, Kilsyth
Call us on 9723 3759 if you need any further information
**Program Update**

**Last week** our focus was Anzac Day: we made Anzac biscuits, we did drawing and colouring in competitions, we also had amazing obstacle courses where we pretended to be soldiers!

Have a look at some of the photos!

**What’s on this week**

**Active After School Care:**
This week our active sport program starts! This term we are going to have Soccer with Steve – always popular and very engaging. We also booked Dancing on Thursdays. If you would like your child to join any of these activities, please book for the required days. These activities are incorporated into our program and come with no additional cost.

**Our theme for this week is: Our Heritage**
Have a look at our program for next week; these activities will take place along with our usual group games, construction, cooking, and free art activities.

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<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>Before Care Activities</td>
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<tr>
<td>Flags of the World</td>
<td>African masks</td>
<td>Playdough Burgers competition</td>
<td>Origami</td>
<td>Match my feet (Zaire game)</td>
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<tr>
<td>After Care Activities</td>
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<tr>
<td>Around the world : where we come from</td>
<td>Paint your own tartan</td>
<td>Food tasting from around the world</td>
<td>Indonesia: AASC: Dancing</td>
<td>China: Active game from China</td>
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**Our Program focus this week: Heritage**

**Parent Information**

**WARRANWOOD OSHCLUB program phone: 0411-656-031**
Coordinator: Jill Hansen
Assistants: Robyn Hansen, Hannah Cantwell, Lisa Fell.

BOOK AND CANCEL ON LINE TO AVOID EXTRA FEE
If it’s within 24hrs ring the program direct 0411 656 031. Please book children before 9am on the day attending to guarantee a place.

All families must be enrolled to attend the program, remember enrolment is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Mothers' Day Stall

This year's stall will be held on:

Wednesday 8th May

For Prep to Grade 6, from 9.15am until around 12.50pm.
A variety of gifts available for purchase from $1 - $5.00.

Please allow your child to bring some money on the day to purchase gifts for Mum and/or Grandma.

Children who forget their money on the day will still be able to select gifts. These **must** be paid for and collected from the First Aid Room the following morning by 9am.

Parent Help will be required on this day. If you are able to assist please indicate times and return this slip to the office.

Name: __________________________

Phone: _______________ Email: __________________________

I am available to help on Wed 8 May between ______ & ______.

Or Contact

Jenny Brown on 0407 932 049 or
Amanda McMahon on 0419 308 003
WARRANWOOD PRIMARY SCHOOL
MOTHER & SON SPORTS NIGHT

FRIDAY 3RD MAY 2013
5.30pm to 7.30pm

Come along boys dressed ready for a great sports night with your mum, grandma, aunt or big sister

Eat your meal deal, have some fun and have your portrait taken with your mum or special lady

All Inclusive Meal Deal includes entry & activities:
  2 Slices of pizza
  Water Bottle or Can of Soft Drink
  Icy Pole

ALL FOR ONLY $25.00 for both mum and son
Additional Children $10.00 each

The kiosk and bar will be open for extra snacks & drinks

Professional Portraits will be taken by Paul France Photography
Sizes 5 x 7 $8.00 or 8 x 6 $10.00
50% of all proceeds go to the school

Any queries please contact Shona Booth on 0423 160 790

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PLEASE RETURN THE BOTTOM SECTION WITH YOUR PAYMENT IN AN ENVELOPE BY NO LATER THAN FRIDAY 26TH APRIL

Child’s / Children’s Name(s):____________________________________________________
Class(es):_______________________________ Total Amount Enclosed:$_____________

Payment Method:  o Credit Card    o Cash    o Cheque    Amount: $_________
Card Number ———— ———— / ———— ———— / ———— ———— / ———— ———— ———— —
Expiry Date    ——— ——— / ———
Name on Card: _____________________________  Signed: _______________________
COMMUNITY ANNOUNCEMENTS

Florence Avenue Playgroup OPEN DAY
Saturday 4th May 10am-12pm. We invite all interested parents and carers of pre-school children to view our delightful, well-equipped Playgroup facilities which caters for indoor and outdoor play. We are a not-for-profit organisation, a member of Playgroup Victoria and are open Mon-Fri, for 2 hourly sessions.
7 Florence Ave, Donvale. Krissy Carmichael: florenceaveplaygroup@gmail.com

Messy church is a new fun interactive way of church for the whole family.

The Anglican Parish of Croydon Hills & Wonga Park
Invites you to Messy Church
It's a once-a-month time of creativity, worship and eating together (food allergies taken into account if known).
It is a chance for the whole family to come together and explore the deeper things in life. The next Messy Church is as follows

Date: Sunday 28th April 2013. (All about MUMS).
Time: 5:00pm
Cost: A donation.
Where: St. James Anglican Church
21 Bemboka Rd
Croydon Hills.

For further details, please contact the Rev. Leroy Coote on 9725-4043.
Looking forward to seeing at this exciting adventure!

Croydon City Arrows Soccer Club
- SSF Under 7s Program
Saturdays from 9am – 10:15am
(starting from 13th April – late joiners welcome)

Our program is designed for boys and girls aged 5 to 7* who are interested in learning basic soccer skills in a fun, friendly and encouraging environment

Location: Dorset Reserve (Melways 51 B6)
Cost: $150
Some vacancies available in other teams (Under 8 upwards)
contact: CCArrows@gmail.com

Or see registration details on our website: http://www.croydoncitysc.org.au/
World Asthma Day 7th May 2013
'It’s time to control your asthma!

World Asthma Day is an annual event held by the Global Initiative for Asthma and this year’s theme is ‘It’s time to control your asthma’. Good asthma control not only improves lung function and means less symptoms during the day and night, but also improves the quality of life for people with asthma. This World Asthma Day, we encourage all schools to consider what good asthma control means for them, the children in their care and their whole school community. If you feel that your student’s asthma is uncontrolled and impacting on their ability to participate in activities please make sure you communicate this to their parents and carers and encourage them to see their child’s GP for an asthma review.

New Resource for VCE Health and Human Development Students!

We have a great new fact sheet for students studying the VCE Health and Human Development. Many students choose to focus on asthma as a National Health Priority and we would like to ensure that these students have an accurate, up-to-date and easy to read reference for their projects.

Please see the resources section on our website for a copy of the fact sheet, or see the attachment that has been sent with this newsletter.

School Camps & Excursions

Camps and excursions are a calendar highlight for students and are a great way to encourage them to try new activities. However camps and excursions can present a new set of challenges for students with asthma and the following is a list of considerations to be made for camps/excursions and the students that may be attending:

- How many children with asthma are attending the camp/excursion?
- Do you have a copy of students’ Asthma Action Plans to take on the camp/excursion?
- What asthma or allergy triggers will the students be exposed to?
- Are there a suitable number of asthma first aid trained staff attending?
- Are there a suitable number of Asthma Emergency Kits available to respond to an asthma emergency?
- Are all staff aware of the asthma emergency procedure?

Considerations to be made for individual students:

- Have they been unwell recently?
- Have they had an asthma attack or asthma symptoms recently?
- Has their parent/carer completed the School Camp and Excursion Medical Update Form?
- Will they have their reliever medication and spacer on hand at all times?
- Are they attending with other medications to be taken and are there sufficient instructions for use/dosage?

To find out more contact your local Asthma Foundation:

1800 645 130
asthma.org.au

Supported by the Australian Government
Young people at the National Asthma Conference

On 19, 20 March Asthma Australia’s conference, Tackling Asthma in Australia — the Next 5 Years, was held in Canberra.

Two ACT young people provided a ‘welcome to the future’ for the attendees.

Hayley, a secondary school student, told the audience about her asthma and how her school was involved in a project to help other students to know how to help a friend in case of an asthma attack. Eddie, an active sportsperson, also told the conference about his asthma, how he managed this to play top level sport, and about his involvement in a day of filming at the Australian Institute of Sport for Asthma Australia.

Eddie finished the welcome with, “I’m proud to be involved with Asthma Australia and the Asthma Foundation here in ACT, and helping to get important messages about asthma and self-management to teenagers and young adults around Australia. Asthma Australia has lots of plans to work more closely with people like me. This is really important and we thank you for giving us the chance to have our say.”

The winning poster from the competition held at the end of last year, by a student at Woodleigh School in Victoria, was framed and provided to all conference presenters.

New TRIGGERS booklet

This booklet was launched at the conference and informs people with asthma and their caregivers about how to recognise their asthma triggers and what can be done to avoid them.

Asthma triggers could be something that people with asthma:

- Breathe in (smoke, cool air)
- Catch (cold, flu)
- Feel (emotions, stress)
- Do (exercise)
- Eat or drink, take (medications)

The booklet is available online at the Asthma Australia website via Latest News. This may help you understand about your student’s asthma triggers, or to inform parents and careers.

Exercise: a trigger not to avoid

Students with asthma should participate in sports and other physical activity as a component of a healthy lifestyle.

When a student’s asthma interferes with physical activity, they may need to review their use of preventer medication or seek their doctor’s advice about asthma medication they use prior to exercise.

The images here show Petrina Price, an Olympic high jump athlete, and Maddie, Iszy and Eddie, active young people who manage their asthma and participate in a variety of sports, at the Australian Institute of Sport during filming for Asthma Australia.

View the promo at:

School Camps & Excursions: Asthma

If your child has asthma, attending school camps and excursions can introduce them to new asthma triggers, especially if they are going into new environments. It is essential that your child can participate fully and safely in all school activities. The following is a list of considerations to make for your child before they go on school camp or an excursion:

- Is your child's asthma currently well controlled (e.g. no symptoms at night, reliever use less than 3 times per week)?
- Has your child had an asthma attack or asthma symptoms recently?
- Does the school have an Asthma Action Plan for your child?
- Has the school asked you to complete a School Camp and Excursion Medical Update Form?
- Does your child have their reliever medication and spacer on hand at all times?
- Are they attending with any other medications to be taken on the camp/excursion? If so, are there sufficient instructions to staff for use/dosage?
- Does your child self-administer their medication? If so, has their technique been checked recently?

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.

Asthma and Complementary Therapies

Complementary or alternative therapies are becoming increasingly popular in Australia, and many people seek out complementary remedies to support their health. As with any health condition, if you or a family member have asthma, and are considering using complementary therapies, we strongly advise that you communicate with your doctor about your asthma treatment. They may even be able to suggest safe therapies to try! It is equally important to communicate to any complementary therapists about your asthma so that they can avoid treatments that are known to potentially make your asthma worse.

Complementary therapies considered safe for asthma are: exercise programs, vitamin D, low-salt diet, some Chinese herbal medicines, some Indian (Ayurvedic) herbs, music therapy, tui chi, butyrol (breathing technique).

Complementary therapies considered potentially unsafe for asthma are: inhaled salt (small risk of a fungal respiratory infection), echinacea, bee pollen or royal jelly (propolis), and products containing aspirin.

Remember: response to treatments and medications differs between people. Make sure you or your children continue taking any asthma medications prescribed unless otherwise instructed by your doctor. Stopping asthma medications suddenly can result in worsening asthma symptoms and even an asthma attack. For more information regarding complementary therapies and asthma please refer to The National Asthma Council (NAC) http://www.nationalasthma.org.au/ or contact The Asthma Foundation of Victoria for your free copy of the new NAC Asthma & Complementary Therapies brochure.

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.