The Best We Can Be!

Learning about health from the inside out…

Term 2 will see Middle School focusing on health and wellbeing. Students will learn about the influences on their choices and actions related to health and physical activity, and how they promote feelings of self-worth in themselves and others. Throughout the unit students will think about who they are and what has influenced them to make them who they are. They will also have opportunities to try a range of different and (hopefully) new experiences in movement, exercise and relaxation, including a martial arts session, yoga and hip-hop dancing. Students will be challenged to take calculated risks and to develop resilience through trying something new. All in order find out what works for them to be the best they can be!

3/4 Sport

Our sporting experiences will continue throughout term 2, with students regularly playing a range of games in house teams. Students are encouraged to focus on good sportsmanship, doing their best, encouraging others and maintaining a positive approach.

More to follow!  PG.3
## Diary Dates Term 2 2013

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tuesday 23rd April</td>
<td>Hawthorn FC Footy Clinic</td>
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<tr>
<td>Thursday 25th April</td>
<td>ANZAC Day</td>
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<tr>
<td>Monday 29th April</td>
<td>House Cross Country</td>
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<tr>
<td>Wednesday 1st May</td>
<td>Paddy’s Market</td>
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<tr>
<td>Tuesday 7th May</td>
<td>Open night</td>
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<tr>
<td>Wednesday 8th May</td>
<td>Mother’s Day Stall</td>
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<tr>
<td>Tuesday 14th May</td>
<td>Year 3 NAPLAN Testing</td>
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<tr>
<td>Wednesday 15th May</td>
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<td>Thursday 16th May</td>
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<tr>
<td>Monday 20th May – 31st May</td>
<td>Swimming Program</td>
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<tr>
<td>Tuesday 28th May</td>
<td>District Cross Country</td>
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<tr>
<td>Friday 7th June</td>
<td>Curriculum Day</td>
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<tr>
<td>Monday 10th June</td>
<td>Queen’s Birthday Holiday</td>
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<tr>
<td>Monday 17th June</td>
<td>Middle School Production</td>
</tr>
<tr>
<td>Friday 21st June</td>
<td>Semester 1 Reports go home</td>
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<tr>
<td>Monday 24th June</td>
<td>Three-Way Student Progress Conferences</td>
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<tr>
<td>Tuesday 25th June</td>
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<tr>
<td>Friday 28th June</td>
<td>Term 2 Ends</td>
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## Middle School Swimming Program

Our swim program begins on Monday 20 May and ends on Friday 31 May. Tuesday 28 May is set aside for the District Cross Country and will not be a swim day.

Participating in swimming has rewards for health and fitness. The swim program will provide attention to stroke development and students gaining confidence in their swimming abilities. Swimming is an excellent cardio-vascular work-out that promotes heart and lung health, improves strength, stamina and flexibility.

There are important aspects of water safety and familiarisation too. Since our holiday activities invariably are connected to water pursuits these skills and knowledge are increasingly necessary.

Swimming also promotes an active lifestyle all year long.

## Middle School Blog & Wiki

Social Media Permission forms flying back thick and fast have enabled our Middle School Blog and Wiki to get up and running in record time!

On our blog, students are learning to be cybersafe at the same time as practising literacy and ICT skills as they respond to blog posts written by the teachers.

To view their comments, go to:

http://middleschool2013.global2.vic.edu.au

And for all our news and updates, see our wiki at

http://warranwoodthreefour2013.wikispaces.com
**NAPLAN**

NAPLAN is the measure by which governments, education authorities, schools, teachers and parents can determine whether or not young Australians have the literacy and numeracy skills and knowledge that provide the critical foundation for other learning and for their productive and rewarding participation in the community.

The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and which areas need to be prioritised for improvement.

NAPLAN tests are one aspect of each school’s assessment and reporting process, and do not replace the extensive, ongoing assessments made by teachers about each student’s performance.

NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. The content of each test is informed by the *National Statements of Learning* for English and Mathematics which underpin state and territory learning frameworks.

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**Paddy’s Market 2013**

Paddy’s Market will be held on Wednesday 1st May at school, with the Free Dress Day being Friday 19th April. On Free Dress Day please send along any donations suitable for selling on the second hand goods stalls.

The Middle School students will be making costume items suitable for purchase by their fellow students: fairy wands, crowns and pirate patches!

We ask for parent volunteers to help run the stall and sell these items – please speak to your classroom teacher.

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Below you will find the dates for our health and wellbeing experiences for this term. Experiences will take place during morning sessions with a grade being split each time. Costs are included in Term 2 fees.

- **Week 1** – Thursday 18th April: YOGA
- **Week 4** – Thursday 9th May: HIP HOP
- **Week 8** – Thursday 6th June: ZUMBA
- **Week 10** – Thursday 20th June: PILATES
- **Week 11** – Thursday 27th June: MARTIAL ARTS
Twitter In Middle School!

All of our 3/4 grades sent their first tweet during term 1, to the excitement of many! Twitter is starting to become part of our daily routine and an ideal opportunity to teach cybersafety in a live environment. Students understand the importance of netiquette such as:

- Not using personal or identifying information, e.g. signing off using initials or first names only
- Using appropriate language at all times
- Being aware of account protections
- Understanding who may be reading what you’re writing

Here are some samples of our tweets so far:

If you are on Twitter, follow us at:
@34JAMmeD (34D)
@34Boomers (34B)
@ThreeFourEF (34F)
@ThreeFourAM (34M)
@ThreeFourAT (34T)

While you’re at it, you might as well follow our school account too: @warranwoodps!