

connect

Warranwood

Primary School

www.warranwood.vic.edu.au

Term 3, Week 1

Thursday 16 July, 2015

WHAT'S ON?

- 20 CSIRO Incursion Grades 1/2
- 27 NED Show—Whole School
- 28 Education Committee—Cyber Safety 7.30pm
ALL WELCOME
- 29 100 Days—Preps
Grade 3/4 Camp Info Night 7.30pm in Library
- 31 Whole School Disco

August

- 5 Athletics Day Years 3, 4, 5 & 6
- 12 Paddy's Market

Principal Awards

**Stay tuned till next week for our
Principal Award Winners**

Assistant Principal's Report

Welcome Back

We welcome all families back to school this week. I know some families have been away to warmer climates. I'm sure it is a bit of a shock to return to cold Melbourne. We are looking forward to a great term that includes our prep mid-year performing arts workshop and 100 Days of School Celebration, pizza day next week to raise money for the victims of earthquakes in Nepal, and our Senior School Production later in the term. We also have House Athletics for students in years 3-6 and Paddy's Market in August. It will be a busy term. Watch out for your area newsletter for further details.

Cyber Safety

From July 1, 2015 a new agency was formed, the *Office of the Children's eSafety Commissioner* under the *Enhancing Online Safety for Children Act 2015*. The Office will work with social media services to help ensure the safety of young people. The Office has absorbed the Australian Communications and Media Authority's (ACMA) Cybersmart program and resources available for families. You will have seen references to these programs in our newsletters and support programs. The new website address is www.esafety.gov.au We encourage all parents to visit the website and be familiar with the resources there. When staff develop our school cyber safety programs we use these government resources.

At Warranwood we have a commitment to supporting students and their families to be cyber safe. On Tuesday July 28th at 7.30pm in the senior building we are offering a session for **parents** with Martine Oglethorpe from The Modern Parent. The school is funding the session in an effort to support parents and build skills in working with our children in this area. A flyer will come home this week with a tear off slip. Please return early next week to indicate attendance.

Sue Dean

From the Health Centre

Newsletter for schools & other education settings



Expert Q & A @

The Royal Children's Hospital

On Sunday 28 June 2015, The Asthma Foundation of Victoria, in partnership with The Royal Children's Hospital and Royal Melbourne Hospital held a FREE Q&A Panel Event focusing on 'Managing Asthma and Allergy'.



The Expert Panel consisted of respiratory and allergy specialists, who addressed questions and concerns and engaged in informative discussion with participants in the audience. The attendance was great and we were pleased to see a number of School Nurses and parents there. A big thank you to all who attended!

If you missed out on this event, it has been recorded and will be available on our website www.asthma.org.au in the next few weeks.

National Asthma Week (NAW)

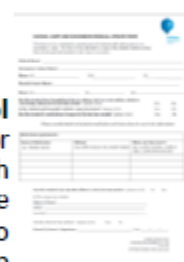
Once again, National Asthma Week will be held in the first week of September. This is a week for us to raise awareness about asthma in our communities.

The theme this year is 'You Care, We Care—Our Asthma Community'

If your school or education setting would like to get involved with NAW, please contact us at schools@asthma.org.au

School Camp Medical Forms.

A reminder that we have a **School Camp Medical Form** available for Parents to complete and provide with Student's Action/Care Plans, to take on School Camp. Please [click here](#) to access our website to print a Camp Form.



Triple A (Adolescent Asthma Action) Program

Triple A is a free, award winning, internationally acclaimed peer education program.

Congratulations to the following Victorian Secondary schools who have already participated in the Triple A program :

- ◇ Cobram Secondary College
- ◇ Gladstone Park Secondary College
- ◇ Kilbreda College
- ◇ Mount Eliza Secondary College
- ◇ Mount Erin Secondary College
- ◇ Salesian College
- ◇ St Helena Secondary College
- ◇ Tintern School, Ringwood East

There are still **limited places** for schools to partake in this program in Term 4. Please contact The Foundation on 03 9326 7088 if you are interested.



Students and Asthma Foundation Vic. Educators at Cobram Secondary College's Triple A Peer Leader workshop in May 2015.

Newsletter for schools & other education settings



Asthma Kids in the classroom

Asthma Kids is an online interactive "Asthma Trail" for all primary aged students. Asthma affects 10% of the population and Asthma Kids can help all students to gain an understanding about asthma in a fun way. When we surveyed school leaders and teachers about asthma resources in the school, you responded strongly that activities should be for all students, not just those with asthma. Asthma Kids works as a stand-alone lesson or provides a great starting point for cross-curricula activities around asthma and chronic conditions.



Along with Asthma First Aid training for staff, having students know what to do if a classmate has an asthma flare-up contributes to a safe and supportive school environment for those with asthma.

When students complete Asthma Kids they get a certificate from Chester, the 'host' of the trail. Students are also eligible for the monthly prizes – this requires the teacher's contact details to comply with internet guidelines for children.

As a further incentive, this term, one class that does Asthma Kids will receive a set of personalized products from Identity Direct, made up of a Teacher's Prize Pack and a set of pencils for each child with their name engraved on each pencil.



So get your class onto Asthma Kids at :

www.asthmakids.org.au

and help build better understanding and attitudes around asthma. National Asthma Week is 1-7 September of each year.

I've had Asthma First Aid today – new resource

In term 3 you will receive a new resource funded by the Australian Government as part of the Asthma Child and Adolescent Program (ACAP) – the same program that funds staff training in schools and this newsletter.

The resource is an easy way to let parents and carers know about the school's management of an asthma incident for their child. It records details about the time and place of the asthma flare up, the medication administered and any follow up required to maintain your processes to react to asthma incidents.

When medication was administered _____ (time) ____ / ____ / 20____ (date)
 by the student
 by a staff member: _____ (name)

What Dose administered was _____ puffs of _____
 Puffer and spacer used were the student's own
 from an Asthma Emergency Kit

Where the asthma flare up occurred in the classroom
 during / after sport
 during recess / lunch break
 other: _____

The form will be made available as a writable pdf that can be provided by email to the family and easily kept in your electronic records. A limited number of DL forms will also be available. Both formats will promote our "You Care We Care" campaign to parents and carers.



Live Well with Asthma

The Asthma Foundation of Victoria provides FREE asthma education sessions for parents.

We will come to your school or children's service and share information about:

- **What is asthma?**
- **How to recognise asthma symptoms**
- **Asthma medications and how to take them**
- **What to do in an asthma emergency**
- **Asthma Action Plans**

Contact The Asthma Foundation of Victoria on 9326 7088 to organise a session at your school or Service.

(Please note: we require a minimum of 5 attendees per session.)

This initiative is conducted as part of the Asthma Child and Adolescent Program and supported by the Australian Government Department of Health.



Asthma Kids

Hi, I'm Chester!
Join me on the
Asthma Trail at
asthmakids.org.au

Our new Asthma Kids site helps children and their parents/carers learn more about asthma in a fun and engaging way.

Monthly prize draws!
On successful completion of the trail, children can enter a monthly prize draw to win a Grit scooter and helmet or a voucher for Spencil stationery!

To find out more about asthma contact your Asthma Foundation on 1800 ASTHMA (1800 278 462).

Asthma Australia
Supported with funding from the Australian Government's Asthma Management Program

Performing Arts

It will be another exciting term in Performing Arts

PREPS—The Prep students are participating in a Mid year workshop where they will be performing a mini-production for their family and friends. Family members will then join in on drama and dance games and activities with their child. The rest of the term will be spent looking at various dance genres and creating their own dance routines and starting to work on their final production.

JUNIOR SCHOOL—The Junior school students will study Social Dances and Folk dance. Each week classes will learn a different genre of dance.

MIDDLE SCHOOL— The Middle School students will participate in BATTLE OF THE BANDS where the students will create their own lyrics and instrumental backing to make their own song for the area performance in front of their teachers and peers at the end of term.

SENIOR SCHOOL— The Senior school students are working on their production of The Chocolate Factory. They will be performing at Aquinas College on Monday 14th September 2015. Students are choreographing dance routines, working on character development and learning lyrics and actions for songs. The Cast members are using some lunchtimes to rehearse their parts.

Jacinta O'Leary
Performing Arts Teacher

Canteen News

\$5- Meal Deals – available till end of Term 3

~ Meal Deal 1~

Hot Dog with YOUR choice of BIG M Chocolate or Strawberry Milk
and a Choc Chip Muffin
\$5.00

~ Meal Deal 2~

Sausage Roll or Meat Pie with YOUR choice of BIG M Chocolate or Strawberry Milk
and a Choc Chip Muffin

~ Meal Deal 3~

Hawaiian or Margarita Pizza with YOUR Choice of Drink
and a Choc Chip Muffin
\$5.00

~ Meal Deal 4~

Two Homemade Ham and Cheese Mini Quiches with YOUR choice of Drink
and a Choc Chip Muffin

REMINDERS

- Tomato Sauce sachets are 0.15c each. Please ensure you add this when ordering.
- Students are also able to come to the canteen at recess and ask for something from their lunch order for snack.
- Thanks to those parents who have offered to volunteer in 2015. Volunteer hours are: Monday, Tuesday and Thursday 11am to 2.30pm, Friday 10am to 2.30 pm
- If you are a new volunteer please come 15 mins prior for an induction.
- If you are unable to attend canteen on the day you are rostered please contact me in advance on 0419 387 370.

Warm regards

Megan Parker

Canteen Roster, Term 3, 2015

CANTEEN ROSTER TERM 3 2015			
Date	Volunteer	Volunteer	Volunteer
Thursday, 16 July 2015	Nicki Stevens	Wendy Harrison	
Friday, 17 July 2015	Jane Fletcher	Sally Martin	Deb Metcalf
Monday, 20 July 2015	Sue Budge		
Tuesday, 21 July 2015	Melissa O'Connor	Maggie Slane	
Wednesday, 22 July 2015	Canteen Closed		
Thursday, 23 July 2015	Di Jelinek	Kim Tunnelcliff	
Friday, 24 July 2015	Sarah Mitsalis	Nicole Thorpe	Luisa Pentland
Monday, 27 July 2015	Jacqui Coia	Carol Sandison	
Tuesday, 28 July 2015	Michelle		
Wednesday, 29 July 2015	Canteen Closed		
Thursday, 30 July 2015	Joanne Hales	Lydia Aretis	Karen Prinson
Friday, 31 July 2015	Liz McGinley	Sam Ireland	Heather Jones
Monday, 3 August 2015	Jo Hunter	Chantelle Watt	
Tuesday, 4 August 2015	Sylda Jones	Merryn Hales	
Wednesday, 5 August	Canteen Closed		
Thursday, 6 August 2015	Blair Pennell	Sue Budge	
Friday, 7 August 2015	Connie P	Cara Mooney	Jodie Oakley



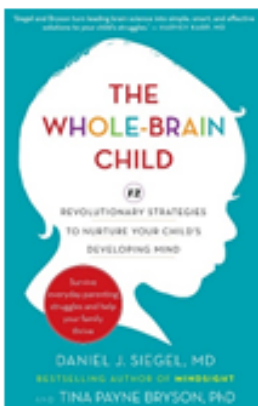
INSIDE OUT - Neuropsychology education for all.

The Pixar movie Inside Out is a ground-breaking movie that supports the movement of educating kids about how their brain works.

One of the key messages is that it is okay if we are not HAPPY all the time. It is natural and perfectly normal for all emotions to be felt and for a mixture to occur in a single moment. Life is designed so that we will experience all the emotions and there are so many of them. We can't keep our kids protected from 'bad feelings' there is no such thing. We also can't expect them to be resilient if they do not experience adversity and see that they CAN overcome anything that comes their way. The pinnacle moment was when Joy realises that Riley experiencing Sadness allows her parents the opportunity to validate, support and bond with her. This is vital for her emotional development.

Question for reflection...As a parent... Are you uncomfortable with any particular emotions that your child experiences?

The second key message is the importance of Memory. Memories are created through an experience and the associated emotions connected to it. Memories are either unconscious/implicit or conscious/explicit, both of which are equally important. In order to help our kids integrate positive memories they need to name their feelings and normalise this feeling within the situation. In the movie in Riley's case the experience of her moving almost overwhelms her until she recalls a sad memory that became happy because her parents validated and normalised her feelings in that situation. This empowers her to tell her parents that she is sad about having had to move and misses her old town. In which her parents again validate and normalise this and that positive memory is integrated into Riley's memory bank. If you would like to know more about Implicit/Explicit Memory and how to emotionally support your child's development, The Whole Brain Child a book by Dan Siegel explains this in more detail.



Michael Grose a Parenting Educator is also running an online course called 'Raise Happy Families' which will assist you to develop your child's emotional intelligence. It is a 3 week program starting on the 27th of July, see website for details - <http://www.parentingideasclub.com.au/>

Mia Sartori
Student Welfare Officer

PARENT'S ASSOCIATION



Cadbury Fundraiser

Thank you to those who have already returned their chocolate money. For anyone wishing to sell further boxes of chocolates, there are some still available at the office.

Pizza Day!

Don't forget to get your orders in by Monday for Pizza Day.

Wednesday 22nd July

All money raised from our pizza sales will be going to Care Australia to be distributed amongst those in need in Nepal.

Thank you to Big Mates who have kindly donated the first 50 Pizzas to this cause.



Spring Fair News!

Tickets for the Wristband Raffle went out this week. Further tickets are available at the office.

You've got to be in it to win it.

Keep an eye out for the next Spring Fair Newsletter this week with loads of information including how you can register for **Warranwood's Got Talent!!** You don't want to miss out!

Thank you for all your wonderful hamper donations. These will enable us to make some fabulous hampers for our Silent Auction.

Our Spring Fair, again, promises to be a great day for kids and adults alike and enjoys terrific support from our school community. We can't do it without you and appreciate all your assistance and support.

Footy Tipping Competition

Current Leader Board after round 15 is as follows:

1 st Place	-	Justin Otten
2 nd Place	-	Nic
3 rd Place	-	Heather Jones
4 th Place	-	Skezza
5 th Place	-	Fred



Winter Disco

Friday 31st July 5pm - 8pm
Look out for the flyer coming home this week!

Next PA Meeting

Our next PA meeting is Monday 20th July at 7.30pm in the Staff Room.
New members are always welcome.



SAVE THE DATE!!

Pizza Day for Nepal – 22nd July
Spring Fair Wristband Raffle – 20th-31st July
Winter Disco – Friday 31st July
Spring Fair Early Bird Wristband week – 10th-14th August
Father & Child Fun Night – Friday 21st August

2015 President: Kellie Spiden – kellie.spiden@cbre.com.au
2015 Secretary: Loretta Higgins – neilandloretta@netspace.net.au
2015 Spring Fair Coordinator: Kelly Gersh – kelly@gershproductions.com.au

Before School / After School Care Program

Term 3 Week 1 (13/07/2015 – 17/07/2015)



Program Update

Welcome back! We here at OSHClub hope you all had a great two weeks off (or more for some of you) and are fully relaxed to start Term 3.

We had a great day on Monday. We ran a Curriculum Day Program where we played lots of group games in the gym, board games, and made Wonderland Posters. Over the holidays our Area Manager dropped of a new TV for us to use when the weather is horrible. We set up our Wii Console and played Mario Kart.

We look forward to catching up with you all and hope to see you soon.

*****Just a reminder that we are getting very high numbers during After School Care so it is very important that you book in online. We can take bookings up until MIDNIGHT the night before. If this is not possible, please text or call us before 9am on the day so that we can guarantee a spot for your child.**

Thank you. ☺***



We made some delicious Gingerbread Men and iced them during our Curriculum Day activities



Here is Kaylej and Summer checking our OSHClub Library

This week's focus: Trying something new

	Monday	Tuesday	Wednesday	Thursday	Friday
Before care activities	Pupil Free Day	Letter Art and Holiday Discussions	Silent Ball, Make a Sea Monster	Wii Challenge, Balloon Tennis	Apple Pancakes, Find the Object
Breakfast	Cereal, toast, muffins, fruit and yoghurt	Cereal, toast, muffins, fruit and yoghurt	Cereal, toast, muffins, fruit and yoghurt	Cereal, toast, muffins, fruit and juice	Cereal, toast, muffins, fruit and juice
After care activities	Pupil Free Day	Fantasy Landscapes	Window Art	Lolly Science	Felt Finger Puppets
	Pupil Free Day	Markers Up	Help	Down ball	Apple Puff Pastry
Afternoon snack	Fruit Platter and Peckish Crackers and Dip	Fruit Platter and Corn Chips with Salsa and Cheese	Fruit Platter and Salad Wraps	Fruit Platter and Toasted Sandwiches	Fruit Platter and Garlic Bread

ACTIVITIES OFFERED EVERY SESSION:

group games, drawing, painting, craft, construction, reading, home corner and dress ups, music, board games and free choice activities in the gym, basketball courts, playground and surrounding areas and opportunities for leadership

Parent Information

WARRANWOOD OSHCLUB program phone:

0411-656-031

Coordinator: Hannah Wallis

Assistants: Jill Hansen & Robyn Dam

BOOK AND CANCEL ONLINE TO AVOID AN EXTRA FEE

To make changes within 24hrs please ring the program directly on 0411 656 031. To guarantee your ASC booking please finalise by 9am on the day of.

All families must be enrolled to attend the program, remember enrolment is free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.



Community Announcements.....



Invitation

Parent information session

*An invitation is extended to all interested
6 – 8 year old children and their parents to
an information night for commencing a*

Joey Scout Mob

Date: Thursday 23rd July 2015
 Time: 6.00pm to 6.45pm
 Place: Wonga Park Scout Hall
 (Cnr Yarra and Dawes Rd, Wonga Park)
 Time: 6.00pm to 6.45pm

***Wonga Park Scout Group is planning
to start a Joey Scout Mob to meet on
Thursday night's***

Information:
 Julie D'Amore
 Ph: 0427 822 173

Wonga Park Scout Group



**Junior
Rockers**
primary music
education specialists

Apply for Music
Lessons Now

Junior Rockers runs instrumental music lessons right here at school.

To find out all about our music lessons, head to our website. From there you can check which instruments are available at your school, get up to date pricing and apply for lessons online.



www.juniorrockers.com

Rather chat in person?

We'd love to speak to you.
Call us on 1300 GO ROCK
(1300 46 7625)



FIRST AID TRAINING

COURSES

**HLTAID001 –
PROVIDE CARDIOPULMONARY
RESUSCITATION**

2 HOURS FACE TO FACE WITH EASY
ONLINE PRE-COURSE

**HLTAID003 –
PROVIDE FIRST AID**

5.5 HOURS FACE TO FACE WITH EASY
ONLINE PRE-COURSE

NEXT COURSES

Central Ringwood Community Centre
Bedford Road, Ringwood

27th of July and 3rd of August!

DAY COURSES
8am - 2pm

NIGHT COURSES
3pm - 9pm



info@prioritytreatment.com.au



0439 819 682



prioritytreatment.com.au

Attention Mums & Dads!
Karate at Warranwood Primary School
 Help your Kids build their
Confidence!

Let yourself imagine how these skills could benefit your kids... Do you think they would do better at school, stay out of trouble and learn valuable life skills while learning Karate and enjoying themselves?

- ✓ Building Confidence & Self-worth
- ✓ Developing Concentration & Focus
- ✓ Coordination & Fitness
- ✓ Respect & Courtesy
- ✓ Self Control & Self Awareness
- ✓ Dedication & Perseverance



There are many reasons for kids to become involved in martial arts. At *Rensei Karate Schools* we have developed a program specifically designed for kids of all ages, *and of course... in a fun, safe and friendly environment!*

For more information on our Wednesday *lunchtime* activity program, new term starting 15th July, contact Sensei Anthony Jeffries on 0418796862 (Limited numbers).

Cost per Term \$65

\$5 Discount if Paid before 15th July.

Phone us now for more information



RENSEI KARATE

03 9879 6862

Nationally recognised training

Warranwood
 Primary School

Having your kids enrol in our program doesn't cost... it pays!!!

**Free event for children (5-14yrs)
at Lillydale Lake**

**KIDS
come & TRY
fishing**



Register
on the day

All gear
provided



Yarra Valley Fly Fishers
Ph 9739 5728
www.yvff.com.au



**Saturday 19th September
9am to 4pm**

Half Price Admission on
your Curriculum day!

Prices

\$7.50 per hour*

Bring along your school friends
For a fun day of jumping!
Avoid the weekend crowds
And come play!

Trading Hours

Monday-Thursday: 10am-8pm
Friday-Saturday: 10am-9pm
Sunday: 10am-7pm

Simply use the promo code on the
front of the brochure when booking
online to receive the discount.
Alternatively, bring in this brochure
when you arrive on the day.
Not in conjunction with any other offer.

*JumpDeck socks additional \$1.50



Curriculum Days Are sorted with JumpDeck

Date of Curriculum day is the booking code
(DDMMYYYY) e.g. 7th May 15 is 07052015

PROMO CODE



123 LEWIS RD. KNOX
1300 jumpdeck (586 733)

JumpDeck
Trampoline Centre