### Sandwiches

- **Rolls**
  - Gelati Quelch Fruit Sticks
  - Cheese (low fat)
  - Creamy Pumpkin soup
  - Moosies
  - Banana Chips 10g
- **Grip**
  - Chicken Caesar
- **Bottled Water**
  - Tuna
- **Apple Slinky**
  - Tuna
  - Steamed Dim Sims (max 3)
- **Frozen Yoghurt**
  - Quench Spring Water
  - Corn on the Cob
- **AMBER**
  - Fresh
  - Chicken
  - Vegemite
  - Chicken Sub
  - Pizza
  - Paddle Pop
- **GREEN**
  - Healthy Ham and Salad
  - Fresh Fruit in Season
  - (soy sauce on request)
  - Chicken Burger
  - Beef Lasagna
  - Frozen Pineapple rings
  - Lean Leg Ham
  - Crunch Pot Dippers
  - Red Rock Chips
- **Select Carefully Foods**
  - Party Sausage Roll
  - Plain Milk (cup)
  - Pretzels
  - Red Rock Chips
  - Hot Dog
  - Breadsticks
  - Hot Cheese Sub

### Canteen Items

- **Warranwood Primary School Canteen Menu - Effective 10th October Term 4 2016**
- Canteen is closed for lunch on a Wednesday. Please write child’s name, class and order on bag and place money inside. Please include 10c if you do not have a bag and one will be provided. Please do not use any staples or sticky tape. All frozen items, soups or milos can be collected from the canteen at lunch time. These items are underlined in blue on the lunch order bag. Please bring the bag with you to collect these items.

#### Sandwiches

- Made with wholemeal bread (white bread & margarine on request)
- Rolls
- Toasted
- Wraps
- 
  - Lean Leg Ham
  - Roasted Chicken
  - Cheese (low fat)
  - Tuna
  - Vegemite
  - Salad (tomato, lettuce, cucumber, carrot & cheese...)

#### Sushi Sandwich Roll-Ups

- Wholemeal bread with crusts removed, rolled with filling and then sliced into rounds (6 rounds per serve)
- Tuna and Mayo
- Avocado and Cucumber

#### Wraps

- Wrapalicious
- Chicken Caesar
- Healthy Ham and Salad
- Tuna

#### Salad Packs

- Chicken Caesar Salad
- Ham/Chicken or Tuna
- Crunch Pot Dippers

#### Homemade Hot Food

- Whole Baked Potato
- Healthy Beef Burger
- Fish Finger Sub
- Cheeseburger
- Chicken Burger

#### Burgers

- Healthy Beef Burger
- Fish Finger Sub
- Cheeseburger
- Chicken Burger

#### Subs

- Chicken Sub
- Fish Finger Sub
- Hot Cheese Sub

#### Hot Food

- Chicken Nuggets (each)
- Hot Dog
- Hot Dog w cheese
- Meat Pie
- Party Pie
- Sausage Roll
- Party Sausage Roll
- Vegetable Pasty
- Pizza
- Fried Rice
- Beef Lasagna
- Macaroni Cheese
- Soup
- Steamed Dim Sims (max 3)
- (soy sauce on request)
- 4 mini Dim Sims

#### Snacks

- Fresh Fruit in Season
- Fresh Fruit Salad tub
- Apple Slinky – Student Apple
- Apple Slinky – Apple provided
- Carrot sticks
- Popcorn – Butter or Salt/Vinegar
- Pretzels
- Red Rock Chips
- Honey Soy Chicken or Sea Salt
- Breadsticks
- Banana Chips
- School Bar Apricot, Strawberry
- Choc Chip cookie
- Gingerbread Kids
- Gingerbread Babies
- Homemade Mini Muffins

#### Frozen Treats

- Frozen Treats
- Frozen Orange quarters
- Frozen Pineapple rings
- Frozen Yoghurt
- Quench Fruity Icy Twist

#### Drinks

- Bottled Water
- Plain Milk (cup)
- Milo (hot or cold)
- BIG M Choc or Strawberry
- Just Juice – Apple, Paradise Punch or Apple/Blackcurrant
- Berri Orange Juice
- Quench Spring Water – Orange, Apple/Raspberry or Cola

#### Salads

- Corn Chips, cheese, salsa & lite sour cream
- Served warm with a small garden salad
- Ham & Cheese
- Tomato Sauce Sachet

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