



PE/SPORT NEWS, 2017



The **Senior School summer sports program** begins on Friday 10 February. Ideally all the students will be prepared by knowing the sports and the rules. I'm looking for each of the 9 teams to be managed by a teacher or a parent and for the teams to be trained on a lunchtime.

We are still looking for parent coaches/managers for **basketball** (boys), **volleystars**, **cricket**, **hot shots tennis**, and **rounders** teams (boys mixed and girls).
If you are able to help in a coaching or managerial role, please let me know.

House Swimming Sports for Years 6, 5, 4 and 3 are being held at Croydon Memorial Pool on **Tuesday 7 February**. Students are to bring sunscreen (and be prepared to reapply during the day), a school hat, footwear, drink bottle, snack and lunch.

Each student will be asked to participate in their age groups (age in 2017) in freestyle, backstroke, breaststroke and butterfly events in the 50 metre or 25 metre events depending on their swimming ability. The school swimming team will be selected from the best times in the 50 metre events. If students are not confident in these strokes they can join in the novelty activities in the shallow pool and still gain points for their house.

Parent support is great to have on the day. Students are representing their House and are required to be in their house areas and encouraging teammates while waiting for their next event. The pool canteen is not open for students.

Parent helpers are needed to assist with the judging of events, the scorer's table and the marshalling of students. Please let me know this week if you help out.



Warranwood Cycling Club. Cyclists can join us on bike track and road riding on Sunday mornings leaving at 8:15am. The distances vary from 40-70kms, with an expected return at about 11:00am. Young riders can begin on the school synthetic track and basketball courts and advance to distances of your choice starting from HE Parker Res in Heathmont. I look forward to hearing from you to get started and add your name to the WhatsApp site to join in on our conversation. (Student riders must be supervised by a parent!)



Thanks

Andrew Tonkin
PE teacher