Warranwood Primary School Canteen Menu - Effective Term 4 2022

Canteen is closed for lunch on a Wednesday - Please order online through Qkr - All frozen items, soups or milos can be collected from the canteen at lunch time. These items are underlined in blue on the lunch order bag. Please bring the bag with you to collect these items. Sauce is now available with all hot food if required.

AMBER **Select Carefully Foods**

GREEN **Everyday Foods**

Super Saver **Meal Deals** \$7.00

~ Meal Deal 1~

Cheese and Salad Roll **Apple Sliced Bottled Water**

~ Meal Deal 2~

Hot Dog Choc chip muffin Quelch stick Just Juice fruit box

~ Meal Deal 3~

Hot Cheese Sub Apple Sliced Big M Choc or Strawberry

~ Meal Deal 4~

Sausage Roll Choc Chip Cookie **Quelch Stick** Just Juice Fruit box

Sandwiches

Made with wholemeal bread (white bread & margarine on request)

◆ Rolls..... add 70c Toasted.....add 70c Wraps.....add \$1

◆ Lean Leg Ham.....\$4.20 Roasted Chicken.....\$5.30

Cheese (low fat).....\$3.20 Tuna.....\$4.00

Vegemite...... \$2.50 Salad (tomato, lettuce, cucumber, carrot &

Salad items as extra add 80c tomato. lettuce. cucumber. per item carrot, b/root & pineapple....

◆Avocado.....add \$1.20

◆Cheese (low fat).....add 80c Mayo, sweet chilli sauce add 50c

Sushi Sandwich Roll-Ups

Wholemeal bread with crusts removed, rolled with filling and then sliced into rounds (6 rounds per serve)

- ◆ Tuna and Mayo.....\$4.50
- Avocado and Cucumber..\$4.50

Wraps

- ♦ Wrapalicious......\$7.80 Chicken tenderloin with lettuce. tomato, cucumber, carrot, lite grated cheese and sweet chilli sauce
- Chicken Caesar.....\$8.00 Chicken, Cos lettuce, bacon, parmesan cheese and caesar dressing
- Healthy Ham and Salad.. \$7.00 Leg Ham, lettuce, tomato, carrot, beetroot and cucumber
- Tuna, lettuce, tomato and mayo

Burgers

- ♦ Healthy Beef Burger..... \$5.80 Homemade beef pattie on a soft white roll with lettuce and tomato (relish or sauce optional)
 - ◆ lite cheese.... add 80c beetroot... add 80c
- Cheeseburger...... \$5.00

Homemade beef Pattie on a soft white roll with lite cheese (relish or tomato sauce optional)

 Chicken Burger...... \$6.00 on a soft white roll with lettuce. tomato, lite grated cheese & mayo

Subs • Chicken Sub......\$6.00

Chicken tenderloins on a long white roll with lettuce, mayo and lite grated cheese

Fish Fingers on a long white roll with lettuce and mayo

Long white roll filled with cheese, wrapped in foil then heated through until melted

Salad Packs

- Chicken Caesar Salad.......\$8.00 Chicken, Cos lettuce, bacon, croutons, parmesan cheese and caesar dressing Ham/Chicken or Tuna...... \$6.50
- with lettuce, tomato, cucumber, grated carrot and beetroot
- ◆ Crunch Pot Dippers........... \$6.20 Hommus with carrot and cucumber sticks and toasted Turkish bread

Homemade Hot Food ♦ Whole Baked Potato..... \$5.50

Choose any 3 toppings from Cheese / Coleslaw / Baked Beans / Bacon / Pineapple / Lite Sour Cream

- ◆ Creamy Pumpkin soup... \$5.50 in a cup served with a wholemeal roll (Terms 2 & 3 only)
- Corn Chips, cheese, salsa, sour cream
- **Slice.....** \$5.20 Served warm with a small gdn salad

◆ Homemade Zucchini

Hot Food

- Chicken Nuggets- each \$1.10 Hot Dog...... \$4.50 ♦ Hot Dog w cheese....... \$5.00
- Meat Pie...... \$5.00
- Party Pie...... \$2.20
- Sausage Roll...... \$4.50 Pizza – Hawaiian or Margarita..... \$5.00
 - Beef Lasagna......\$5.50
 - Macaroni Cheese......... \$5.50
- Soup Chicken Noodle \$1.50

\$2.40

- Steamed Dim Sims ea. (soy sauce on request) \$1.20
 - 4 mini Dim Sims sauce on request)

Snacks

- ◆ Fresh Fruit Salad tub......\$3.00
- ◆ Apple Sliced BYO Apple \$0.30
- ◆ Apple Sliced- Canteen Apple \$1.50
- ◆ Carrot sticks..... ◆ Popcorn – Salted \$1.50
- Pretzels......\$1.50
- Red Rock Chips Honey Soy
- Chicken... Sea Salt..... \$1.80 Breadsticks..... \$0.70
- Mini Muffins Choc Chip \$1.20
- \$0.70 School Bar Strawberry
- Choc Chip cookie..... \$0.50 Choc Chip cookie 2pk....... \$1.00
- Tiny Teddies x 1.....\$0.10
- **Frozen Treats**
- ◆ Frozen Orange quarters... \$0.60
- ◆ Frozen Pineapple rings Half.....\$0.20.....Whole.....\$0.40
- Quelch Fruit Sticks...... \$1.00
- Moosies Strawb, Choc, Lime \$2.00
- Lemonade Icy Twist....... \$2.00
- Paddle Pop Choc or Rainbow \$2.20

Drinks

- Bottled Water 350ml...... \$1.20 ◆ Plain Milk (cup).....\$1.50
- ◆ Milo (hot or cold) cup...... \$2.00
- Choc or Strawberry Milk \$3.00
- Just Juice Apple or Apple/Blackcurrant \$2.50
- ◆ Just juice Orange Juice \$2.50
- Chill J Sparkling Fruit Juice Apple Coola, Raspberry, Lemonade... \$3.00